

SUNDAY, AUGUST 6, 1989

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When a youngster
learns how
to dance,
he learns he can
control his life

By Jacques d'Amboise

WHY I TEACH

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Speed/Gulfair

Mike Tyson with ex-wife, Robin Givens: No sadist he

Q. Mike Tyson, the heavyweight boxing champion, is quoted in the book "Fire and Fear" as having said that he likes to hurt women while having sex with them. Is that true? The book was written by José Torres, the former light-heavyweight champion and former head of the New York State Athletic Commission.—Elaine G., Secaucus, N.J.

A. Tyson has denied the quotation attributed to him. "It's all bull," he declares. "It's ridiculous. It's absurd when you think about it. First they said I was gay. Then they said I had too many girls. Now they're saying I'm hurting girls. If I'm into hurting girls... then how come I have so many? Why would women come near me?"



Jim Kalish

Heymann: Zero for Jackie

Q. "A Woman Named Jackie," by C. David Heymann—would you have any idea of how much this book about Jacqueline Kennedy Onassis will earn for its author? A subsidiary question: Does the author have to split his earnings with Mrs. Onassis?—Mike Solomon, El Paso, Tex.

A. As regards sales of "Jackie," Clemens David Heymann, 44, says he expects gross earnings of \$1 million to \$2 million from all sources. No share of his book's earnings will go to Mrs. Onassis, who declined to cooperate in its preparation.

Q. Who are the five or six "Bush-men" in this administration with the most clout? Your opinion, please.—Den Swift, San Francisco, Calif.

A. John H. Sununu, 50, the President's Cuban-born chief of staff, who has learned to accentuate the positive; Sununu's deputy, Andrew H. Card Jr., 42; Richard G. Darman, 46, director of the Office of Management and Budget, who used to major in arrogance but is now one of the President's top political and legislative strategists—humorous, intelligent and increasingly popular. Also Marlin Fitzwater, 46, the President's well-liked press secretary; Brent Scowcroft, 64, the low-key but truly knowledgeable national security adviser, and his deputy, Robert Gates, 45, a veteran CIA bureaucrat; Roger Porter, 43, Bush's "idea man" and chief domestic-policy adviser; and Michael Boskin, 43, the Stanford University economist who chairs the Council of Economic Advisors. Basically, George Bush is a friendly, communicative, adaptive pragmatist, a non-ideologue who appoints people in his own image.

Q. Is Gene Kelly, who was born here 77 years ago and gave dancing lessons in his basement, going to marry his secretary, who is 50 years his junior?—Katherine M., Pittsburgh, Pa.

A. For some time now, Gene Kelly and Patricia Ward, 27, a writer who has been helping him with his autobiography, have been companionable in Beverly Hills. If the companionship leads to marriage, it will surprise relatively few of their friends.

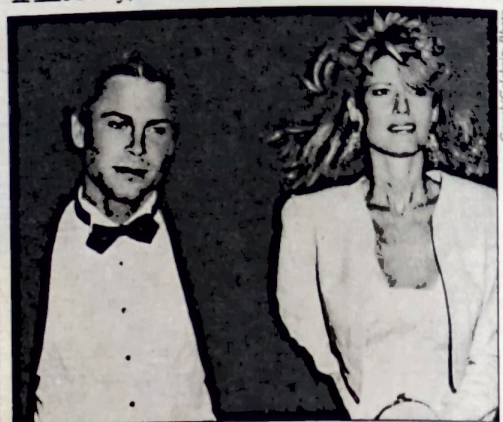


Mazur/London Features

Gene Kelly and Patricia Ward: Companions first, then...

Q. Who is the best golfer in the U.S. Senate? —Wylie Hogan, Savannah, Ga.

A. Probably Sen. Sam Nunn, 50, Democrat from Perry, Ga., who has a 4 handicap.



Copyright Photo

Hall and date, actor Rob Lowe, before recent revelations

Q. Fawn Hall, ex-secretary of Oliver North, was said by "The Washington Post" to have been a cocaine user. Hall later called the "Post" story "outrageous and factually incorrect" but wouldn't supply details. What actually did the "Post" say? —D.S., Downey, Calif.

A. On June 4, 1989, "The Washington Post" printed: "Former White House secretary Fawn Hall, questioned as part of a wide-ranging drug investigation in the Georgetown area, has told the Drug Enforcement Administration she used cocaine many times during a three-year period when she held sensitive jobs on the National Security Council staff and at the Pentagon, according to sources... At the same time, sources said there are no allegations that Hall ever trafficked in drugs, used cocaine in the White House or suffered any drug-abuse problem that might have influenced her work for the government." Later in the 21-paragraph article, it is noted: "One senior DEA official said that allegations against well-known figures like Hall are frequently reported during DEA investigations. But the agency's primary mission is to focus on traffickers, not the millions of Americans who use drugs, said the official, who asked not to be identified."

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When a youngster learns how to dance, he learns he can control his life

'I Show A Child What Is Possible'

Jacques d'Amboise has been recognized as one of the finest classical dancers of our time. He joined George Balanchine's New York City Ballet at 15 and was a principal dancer for more than 30 years. He also appeared on Broadway in shows like "Shinbone Alley," in movies like "Carousel" and on TV on "The Bell Telephone Hour." In 1976, d'Amboise founded National Dance Institute to bring dance to inner-city children. Today, the institute has programs in about 30 public schools in the New York City area. We asked Jacques d'Amboise, who inspires so many students, to share with us why he teaches.

W

HEN I WAS 7 YEARS OLD, I WAS FORCED TO WATCH MY sister's ballet classes. This was to keep me off the street and away from my pals, who ran with gangs like the ones in *West Side Story*. The class was taught by Madame Seda, a Georgian-Armenian who had a school at 181st Street and St. Nicholas Avenue in New York City. As she taught the little girls, I would sit, fidget and diabolically try to disrupt the class by making irritating little noises.

But she was very wise, Madame Seda. She let me get away with it, ignoring me until the end of the class, when everybody did the big jumps, a series of leaps in place, called *changements*.

BY JACQUES D'AMBOISE

At that point, Madame Seda turned and, stabbing a finger at me, said, "All right, little brother, if you've got so much energy, get up and do these jumps. See if you can jump as high as the girls." So I jumped. And loved it. I felt like I was flying. And she said, "Oh, that was wonderful! From now on, if you are quiet during the class, I'll let you join in the *changements*."

After that, I'd sit quietly in the class and wait for the jumps. A few classes later, she said, "You've got to learn how to jump and not make any noise when you come down. You should learn to do the *pliés* [graceful knee bends] that come at the beginning of the class." So I would do *pliés*, then wait respectfully for the end of class to do the jumps.

Finally, she said, "You jump high, and you are landing beautifully, but you look awful in the air, flaying your arms about. You've got to take the rest of the class and learn how to do beautiful hands and arms."

I was hooked.

An exceptional teacher got a bored little kid, me, interested in ballet. How? She challenged me to a test, complimented me on my effort and then immediately gave me a new challenge. She set up an environment for the achievement of excellence and cared enough to invite me to be part of it. And, without realizing it fully at the time, I made an important discovery.

Dance is the most immediate and accessible of the arts because it involves your own body. When you learn to move your body on a note of music, it's exciting. You have taken control of your body and, by learning to do that, you discover that you can take control of your life.

I took classes with Madame Seda for six months, once a week, but at the end of spring, in June 1942, she called over my mother, my sister and me and did an unbelievably modest and generous thing. She said, "You and your sister are very talented. You should go to a better teacher." She sent us to George Balanchine's school—the School of American Ballet.

Within a few years, I was performing children's roles. At 15, I became part of a classical ballet company. What an extraordinary thing for a street boy from Washington Heights, with friends in gangs. Half grew up to become policemen and the other half gangsters—and I became a ballet dancer!

I had dreamed of being a doctor or an archaeologist or a priest. But by the time I was 17, I was a principal dancer performing major roles in the ballets, and by the time I was 21, I was doing movies, Broadway shows and choreography. I then married a ballerina from New York City Ballet, Carolyn George, and we were (and still are) blessed with two boys and twin daughters.

It was a joyful career that lasted four decades. That's a long time to be dancing and, inevitably, a time came when I realized that there were not many years left for me as a performer. I wasn't sure what to do next, but

then I thought about how I had become a dancer, and the teachers who had graced my life. Perhaps I could engage young children, especially boys, in the magic of the arts—in dance in particular. Not necessarily to prepare them to be professional performers, but to create an awareness by giving them a chance to experience the arts. So I started National Dance Institute.

That was 13 years ago. Since then, with the help of fellow teachers and staff at NDI, I have taught dance to thousands of inner-city children. And in each class, I rediscover why teaching dance to children is so important.

Each time I can use dance to help a child discover that he can control the way he moves, I am filled with joy. At a class I recently taught at P.S. 59 in Brooklyn, there was one boy who couldn't get from his right

foot to his left. He was terrified. Everyone was watching. And what he had to do was so simple: take a step with his left foot on a note of music. All his classmates could do it, but he couldn't.

He kept trying, but he kept doing it wrong until finally he was frozen, unable to move at all. I put my arm around him and said, "Let's do it together. We'll do it in slow motion." We did it. I stepped back and said, "Now do it alone, and fast." With his face twisted in concentration, he slammed his left foot down correctly on the note. He did it!

The whole class applauded. He was so excited. But I think I was even happier, because I knew what had taken place. He had discovered he could take control of his body, and from that he can learn to take control of his life. If I can open the door to show a child that

that is possible, it is wonderful.

Dance is the art to express time and space. That is what our universe is about. We can hardly make a sentence without signifying some expression of distance, place or time: "See you later." "Meet you at the corner in five minutes."

Dance is the art that human beings have developed to express that we live, right now, in a world of movement and varying tempos.

Dance, as an art, has to be taught. However, when teaching, it's important to set up an environment where both the student and teacher can discover together. Never teach something you don't love and believe in. But how to set up that environment?

When I have a new group of young students and I'm starting a class, I use Madame Seda's technique. I say, "Can you do this test? I'm going to give all 100 of you exactly 10 seconds to get off your seats and be standing and spread out all over the stage floor. And do it silently. Go!" And I start a countdown. Naturally, they run, yelling and screaming, and somehow arrive with several seconds to spare. I say, "Freeze. You all

failed. You made noise, and you got there too soon. I said 'exactly 10 seconds'—not 6 or 8 or 11. Go back to your seats, and we'll do it again. And if you don't get it, we'll go back and do it again until you do. And if, at the end of the hour, you still haven't gotten it, I'm not going to teach you."

They usually get it the second time. Never have I had to do it more than three.

Demand precision, be clear and absolutely truthful. When they respond—and they will—congratulate them on the extraordinary control they have just exhibited. Why is that important? Because it's the beginning of knowing yourself, knowing that you can manage yourself if you want. And it's the beginning of dance. Once the children see that we are having a class of precision, order and respect, they are relieved, and we have a great class.

I've taught dance to Russian children, Australian children, Indian children, Chinese children, fat chil-

continued



National Dance Institute students perform in annual "Event of the Year" at Felt Forum in New York City, 1989.



D'Amboise teaches a class at Roosevelt Junior High in his old New York neighborhood—Washington Heights.

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WHAT IS POSSIBLE/continued

dren, skinny children, handicapped children, groups of Australian triathletes, New York City police, senior citizens and 3-year-olds. The technique is the same everywhere, although there are cultural differences.

For example, when I was in China, I would say to the children, "I want everybody to come close and watch what I am going to do." But in China they have had to deal with following a teacher when there are masses of them. And they discovered that the way to see what the teacher does is not to move close but to move away. So 100 people moved back to watch the one—me.

I realized they were right. How did they learn that? Thousands of years of masses of people having to follow one teacher.


There are cultural differences and there are differences among people. In any group of dancers, there are some who are ready and excel more than others. There are many reasons—genetic, environment, the teachers they had. People blossom at different times.

But whatever the differences, someone admiring you, encouraging you, works so much better than the reverse. "You can do it, you are wonderful," works so much better than, "You're no good, the others are better than you, you've got to try harder." That never works.

I don't think there are any untalented children. But I think there are those whose talents never get the chance to flower. Perhaps they were never encouraged. Perhaps no one took the time to find out how to teach them. That is a tragedy.

However, the single most terrible thing we are doing to our children, I believe, is polluting them. I don't mean just with smog and crack, but by not teaching them the civilizing things we have taken millions of years to develop. But you cannot have a dance class without having good manners, without having respect. Dance can teach those things.

I think of each person as a trunk that's up in the attic. What are you going to put in the trunk? Are you going to put in machine guns, loud noises, foul language, dirty books and ignorance? Because, if you do, that's what is going to be left after you, that's what your children are going to have, and that will determine the world of the future. Or are you going to fill that trunk with music, dance, poetry, literature, good manners and loving friends?

I say, fill your trunk with the best that is available to you from the wealth of human culture. Those things will nourish you and your children. You can clean up your own environment and pass it on to the next generation. That's why I teach dance. 

For more information about the institute, write: National Dance Institute, Dept. P, 599 Broadway, 11th floor, New York, N.Y. 10012.

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Vicky Guzman, M.D., a mother of two, can work anywhere she wants. She chooses the mountain villages of war-torn El Salvador.

"I'm Needed Here"

VICKY GUZMAN COULD HAVE BEEN any host explaining the peculiarities of a house to an out-of-town guest. She showed me the back room I would be sleeping in, pointed out the bathroom and bade me goodnight with this advice: "Lock yourself in and, please, when the bombs start, stay in your room."

The first bomb exploded shortly after dark, and soon the night was transformed into a medley: thunder from a raging storm burst in counterpoint to small explosives; small-arms fire a few blocks away was answered by the automatic weapons of the military. It was an ordinary night in the town of Santa Ana in El Salvador. When the morning came, nobody was reported injured. But I wondered why Vicky Guzman de Luna, M.D., 43, a mother of two with a medical degree that would allow her to live comfortably almost anywhere in the world, made this place her home. When so many people were fleeing the daily hell that is El Salvador, why did she willingly stay?

"I never thought of going anywhere else," she told me. "There's such a huge need here in El Salvador."

Most Americans know that El Salvador has been rent by violence for almost two decades, with a war that ebbs and grows—claiming thousands of lives when the fighting is at its worst, leaving the country shaken and uncertain even in times of relative quiet. But, long ago, Vicky Guzman saw that her country had another, equally murderous scourge upon it. She explained as we stood before a map in her office, a bungalow right down the block from the home she shares with her husband, Francisco, a salesman. "Up here," she said, pointing at a small village, "they had a big problem with malaria. Everybody in the area had malaria, and they thought that was normal. They thought that was how life was supposed to be. Here," she pointed at another village, "whenever the winter came, there would be diarrhea, which in rural areas can lead to dehydration and a high mortality rate. They did not know the world doesn't have to be like that, that they could find a better way to live."

Vicky Guzman comes from a middle-class family in Santa Ana, a mid-sized city 50 miles from San Salvador, the cap-



Dr. Vicky Guzman has changed the lives of the children she visits.

Buildings she worked in were looted and her medicines destroyed. Once, a *campesino* tipped her off that marijuana had been planted among her medical supplies. She found it and threw it away shortly before officials searched her.

But the harassment never slowed her down. When the army sent soldiers to shadow her, she even converted them to the cause. "After a while, they told me they felt bad watching me all the time," she said. "They realized I was just doing humanitarian work. Sometimes I would work from 8 in the morning until 9 at night, and they told me they wanted to help. We talked, and one of them said he was a recovering alcoholic. He started an Alcoholics Anonymous chapter. Another started teaching the people how to read and write."

Dr. Guzman needed all the help she could get: The area she had set out to cover has a population of about 10,000, scattered in villages that run high up into the mountains. Four years ago, she launched an organization called ASAPROSAR—the Salvadoran Association for Rural Health. It now includes another doctor, several nurses and other personnel who work with her. Their results have been dramatic: Since ASAPROSAR started, malaria and other infectious diseases have declined by 90 percent; malnutrition is down 70 percent; diarrhea is off 40 percent. Guzman took me up to the mountains to show me why.

In a village called Tabloncito, we met Antonio Cruz Hernandez. "I am the health promoter for this area," he said proudly. Like 30 other villagers in the region, Don Antonio—his neighbors have given him that title

of respect—was trained by Guzman. Now, he teaches his fellow villagers how to save themselves from the diseases of poverty.

The day we visited, Don Antonio was at the sturdy brick community house he had helped build. He showed us a latrine he had designed. If he could persuade his neighbors to use it, he

ital. "I knew I wanted to be a doctor when I was 10 years old," she said, "and I used to pretend to give other kids vaccinations and medicines." But the medical school in San Salvador had 3000 applicants for 80 places—and none of those places went to women. So the Guzman family sent their daughter to Michoacán in Mexico for training.

"My father was very proud," Guzman recalled. "He thought that his daughter would wear a white coat and have a big clinic and sit behind a desk all day. He was very disappointed at first that I wore jeans and worked in the countryside."

That was 16 years ago. Guzman never doubted where her life's work would be. "There are plenty of doctors in this country for people who have money," she said. Instead, she went into the moun-

"They thought malaria and a high death rate were normal. They didn't know life could be different."

tains and valleys outside Santa Ana, where the poor rural laborers, called *campesinos*, work for starvation wages, tilling the cornfields and tending the big coffee plantations. In a country where anything new may be looked on as subversive, her work awakened suspicions. "Some people closed their doors when they saw me coming," she remembered.

B Y M I C H A E L R Y A N

would dramatically cut their rate of communicable disease. Then he took us into the dry hills nearby, to a place where three tiny streams trickled together. "We can put a collection tank here, purify the water and have potable drinking water for the first time," he said with excitement.

At the end of the day, we were still high in the mountains, hours from town, when Guzman's land cruiser made a sickening scraping noise. The chassis had broken apart. While her driver and I got out the jack and propped the broken segment up, the doctor calmly walked downhill to the nearest home, returning a few moments later with a borrowed piece of stout rope—a cow had just lost its halter. Soon, the chassis was lashed together, and we were moving again. Guzman had never shown an ounce of concern. She is used to finding solutions to problems.

Dr. Guzman does basic medicine, not high-tech stuff. But, because of the economic conditions at home, she has looked elsewhere for financial help. She received a grant from the Inter-American Foundation, and donations and supplies from Vecinos, a small foundation in Austin, Tex. The United Church of Christ in Norwell, Mass., formed a relationship with ASAPROSAR in 1986, giving it money and support, as well as organizing teams of doctors and nurses to visit El Salvador and help out. Guzman is eagerly seeking more such volunteers.

The lives of the villagers have changed since Vicky Guzman—*la doctora*—appeared. Men and women crowd into community houses they built themselves to take classes in health, handicrafts and community organizing. Her staff members visit every week. "The most exciting thing is to watch the women," Dr. Guzman said. "Traditionally, these women were treated like animals, or like slaves. They were afraid to open their mouths. Now they are organizing, learning to read and write, speaking out." Most of the health promoters are women.

We were sitting under a huge gum tree, eating a lunch of beans and rice outside a peasant hut. This family, under Dr. Guzman's tutelage, now uses only purified water and sanitary eating utensils. The children of the neighborhood shyly, adoringly, approached her. She greeted them by examining their eyes and mouths and skin. "You're making a lot of progress," I said. "But can these children expect better than their parents? Could one of them ever become a doctor like you?"

"It's very difficult," Dr. Guzman admitted. "It's hard for them to go to school and, even though the university is free to them, there's no money for food and books." She paused for a moment, then her voice grew in enthusiasm. "But maybe we can get them scholarships. We can raise the money. We can send them to university. Why not?"

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on your purchase of any size Olay of Olay® product (except Oil of Olay® Daily Cleansing Bar or trial sizes)

MANUFACTURER'S COUPON EXPIRES NOVEMBER 30, 1989

CONSUMER: Redeem ONLY by purchasing the brand size(s) indicated. May not be reproduced. Void if transferred to any person, firm or group prior to store redemption. You pay any sales tax. Any other use constitutes fraud. LIMIT ONE COUPON PER PURCHASE.

DEALER: Sending coupons to Procter & Gamble, 2150 Sunnybrook Drive, Cincinnati, Ohio 45237 signifies compliance with "Requirements to Proper Coupon Redemption." Copy available by writing to the above address. Cash value 1/100 of 1¢.

75¢



PROCTER & GAMBLE

5

75609 12075

1

ELEGANT CANDLE LAMPS ADD A TOUCH OF WARMTH TO YOUR HOME SET OF TWO ONLY \$5!

Adds a perfect decorative touch for those "at home" occasions all year round!

The Look Of A Bygone Era—Battery-Operated Convenience

Charming Candle Lamps look as though they came right out of "A Christmas Carol." Capturing the nostalgia of a bygone era, they're sure to add warmth and holiday magic to your home. Best of all, they combine "old tyme" charm with modern convenience. Our Colonial-style Candle Lamps are battery operated—no dripping wax, electric cords, or flames to worry about. Each Candle Lamp comes with its own durable gold tone holder.

A Warm, Safe Glow to Decorate Your Home!

Use the Candle Lamp on any mantelpiece, window sill or tabletop—or create your own mood by tucking them into table centerpieces or living plants. Use them on the patio. Indoors or out they'll add a warm, safe glow to your home. Candlesticks measure 6" in height and come with a flame-shaped glass bulb. Each Candle Lamp requires one "AA" battery (not included).

At \$5 per pair we expect a sellout—ORDER YOUR SET—TODAY!

© 1989 American Family™ General offices: 37 11th Ave. Huntington Station, NY 11746

AMERICAN FAMILY™ GUARANTEE

You must be delighted with your purchase. If not, you may return it for a prompt and full refund. All orders are processed immediately and notification will be sent in case of delay. Shipment is guaranteed within 60 days.



TO ORDER the **Candle Lamps** (set of 2) send your name, address, zip code and check or money order for **\$5.00** plus \$2.00 postage and handling for each ordered to: **American Family Box 4165, Dept. KT30-PW, Huntington Station, N.Y. 11746.** CA, NY, NJ, IA, IL, and MI residents add appropriate sales tax.

AUGUST 6, 1989

On Parade®

WHAT'S UP THIS WEEK

BY LYNN MINTON

MOVIES

Underwater Drama

You will see one of the most astonishing scenes you've ever watched in **The Abyss**. It's a sea adventure/love story/supernatural mystery about a team of divers in an underwater oil-drilling habitat who take on a rescue mission that leads to a strange and magical encounter 25,000 feet under the sea. And at one point, Ed Harris and Mary Elizabeth Mastrantonio are trapped underwater in a chamber rapidly filling with water—and only one diving suit between them. What they do next came from a startling idea director James Cameron got years ago from a scuba-diving master—and we'd better hope no kid tries to copy it. 20th Century-Fox.



What is that light that Mary Elizabeth Mastrantonio sees before her?

BOOKS

Anne Frank: The Full Text

The heartbreaking story of Anne Frank, the Dutch Jewish girl murdered by the Nazis, is so well known that another book centered around her diary might seem superfluous. Yet **The Diary of Anne Frank: The Critical Edition** (Doubleday, \$30) is an important publication if only because it was prepared by the Netherlands State Institute for War Documentation. As such, it (1) officially reaffirms beyond doubt the authenticity of the diary

found in the Frank family's hiding place in Amsterdam, (2) provides the full texts of the several versions that exist (Anne made changes in her manuscript as she worked on it over the years) and (3) gives an account of the capture and subsequent fate of the Frank family. All this is done in a dispassionate, almost scientific tone that makes this wartime tragedy seem, if anything, more poignant than ever.

—Herbert Kupferberg

VIDEO

FIVE WORTH SEEING

One great thing about video is that we can easily take a chance on movies that would ordinarily seem a bit offbeat for us. After you've seen Dustin Hoffman's virtuoso performance in **Rain Man**, here are four very different films, all worth your time:

- **The Wash.** About the effect on a family when a Japanese-American woman, who has left her self-centered husband of 40 years (but returns dutifully once a week to pick up his laundry), finds a man who offers her a gentle, giving love.
- **Heathers.** A black comedy about a couple of high school students whose rebellion against the shallow prom queen types and the raunchy jocks gets seriously out of hand.
- **Little Dorrit.** A six-hour adaptation of Dickens' sweeping melodrama.
- **Au Revoir Les Enfants** (*Goodbye, Children*). Louis Malle's movie about a tragic incident involving a Jewish boy during World War II, when the director was a student at a Catholic boys school in France. (Subtitled.)

Pull out and save this Shopper's Special
It will help you remember this season!



Good Buys

by mail from

Walter Drake



HI-LO T.V. POLE



holds TV high or low... swivels 360°. Adjusts up to an 8'6" ceiling... holds portables up to 65 pounds with or without handle. Goldtone plated tubing; easy to assemble. A space-saver! Ideal for your bedroom TV!
H1535 TV Pole... \$22.99

4202 Drake Building
Colorado Springs, CO 80940

PERS. LEATHER CREDIT CARD CASE

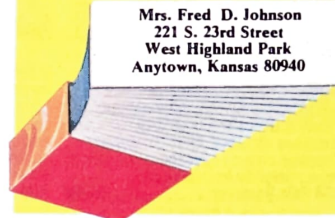
Keep all your cards fingertip handy! Fanfold holder has 10 see-thru plastic sleeves, holds up to 20 credit cards! Rotate one sleeve at a time. Case personalized in gold, up to 21 letters/spaces. Genuine leather, 3" x 4 1/2". Order: P6381 Brown, P5137 Black, P5138 Wine
Pers. Credit Card Holder... \$9.99



1000 RETURN ADDRESS LABELS

Quick and easy way to put your name and return address on letters, records, books, etc. Any name, address and zip code up to 4 lines beautifully printed in crisp black on the finest white gummed label paper available. 1/2"x1 1/4" long. Free decorative box for purse of desk. Handy when you need them.
\$717 Set of 1,000 Labels... \$1.49

Mrs. Fred D. Johnson
221 S. 23rd Street
West Highland Park
Anytown, Kansas 80940



WHITE-GLOSS RETURN ADDRESS LABELS

are perfect to personalize your letters, identify valuable records, books, cameras, tools, etc. Self-stick... they cling at a touch. Your name, address, up to 20 letters/spaces for top line, next 3 lines up to 26 letters/spaces each. Printed in black on white labels, 2" x 3/4". Boxed.
P6030 250 White Gloss Labels... \$3.98
P4138 500 White Gloss Labels... \$4.98

MRS. FREDERICK D. JOHNSON
221 S. 23rd Street
West Highland Park
Anytown, Kansas 80940

MRS. FREDERICK D. JOHNSON
221 S. 23rd Street
West Highland Park
Anytown, Kansas 80940

CLOUD SOFT RECLINER COVER

Lets you relax in total comfort! Durable, insulative acrylic cover is warm in the winter, cool in summer—has the rich, impressive look of real sheepskin. Hugs your recliner for a smooth fit—keeps it looking new! Machine washable, elasticized edges and tiebacks; separate footrest cover incl. Inexpensive, easy way to make the family's favorite chair cozy and comfortable! Made in USA. Order by color.
H1567 Natural... \$15.99
H1656 Brown... \$15.99



GIANT COLOR POSTER

Send in any black and white or color picture up to 8"x10" (no negs or photos) or a 35mm color slide and have it enlarged into a giant black & white or full color poster. Comes in mailing tube—no creasing. Put your name, address on back of original for sale return.
P2054 2ft. x 3ft. B/W Poster... \$7.99
P7667 20"x30" Color Poster... \$9.99



SATISFACTION GUARANTEED OR MONEY BACK

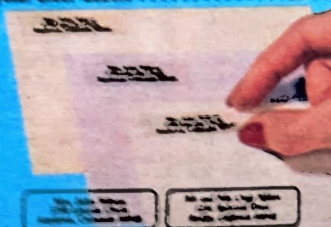
FAST SERVICE

CHARGE IT



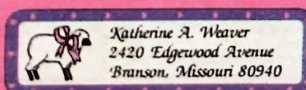
250 CRYSTAL CLEAR RETURN ADDRESS LABELS

The color of your stationery shows through these transparent labels. Your name and address (up to 4 lines, 22 letters and spaces each) printed in black on see through labels. Choose regular type or calligraphy style type.
P6030 Regular Style... \$4.98
P4130 Calligraphy Style... \$3.98



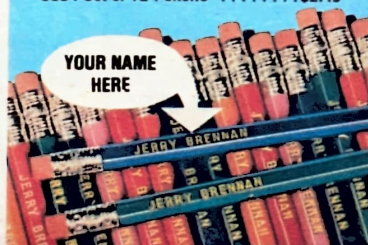
COUNTRY CHARM LABELS.

Refreshing hues cover these labels with calligraphy style personalization. In sets of 250 self-stick labels, printed on snowy white stock, 3"x1/4". Print name and address up to 3 lines, 32 letters and spaces each.
P6447 Goose Labels... \$3.98
P6448 Lamb Labels... \$3.98



12 PERSONALIZED PENCILS \$2.49

Any first and last name beautifully imprinted in gold letters on high quality Venus pencils. Great for school, home or business use. Children love 'em because they are personalized with their own names. These are full size pencils, No. 2 lead. Rubber erasers. Please print name.
S854 Set of 12 Pencils... \$2.49



MEASURE YOUR OWN MILEAGE

Pedometer automatically counts the miles you walk, jog, hike according to your stride! Great for sportsmen, housewives—tallies the hidden miles you walk doing housework, shopping, etc. 2 1/4" diameter, metal; clips to pocket, belt. Records quarter miles up to 5 miles, then resets itself.
F2159 Pedometer... \$2.99
Two or more... \$2.49 each



MEASURE DISTANCE

WALKING—JOGGING—HIKING



CONTOURED SATIN PILLOW

Protect your hairdo! Sleep in comfort all night and never have to worry about mussing your hairdo. Gold satin and contoured to fit just right; pillow keeps your hair in place! 100% polyurethane foam; non-allergenic. Cover zips off for easy washing. Made in U.S.A.

F2084 Comfort Satin Pillow\$5.49



REMOVE UNWANTED HAIR PERMANENTLY with safe, easy home electrolysis! Just a touch of the battery powered "wand" removes hair from face, legs, any area—leaves your skin silky smooth and more attractive! 8 1/2" long; 3 AAA batteries, instructions included. Ends painful tweezing, messy creams—inexpensive way to remove unsightly hair forever!

F2254 Hair Remover\$9.99



ELECTRIC CALLUS ERASER

Erases ugly calluses, corns, dead skin—leaves feet smooth as silk from heel to toe. Lightweight, as easy to use as an electric shaver. Safe, gentle vibrating action smooths rough, scratchy skin that looks so unpleasant and snags nylons. Tough white plastic casing; 5 1/2 ft. electric cord.

N894 Electric Callus Eraser\$7.99



APPLY EYE MAKEUP PERFECTLY every time with these handy magnifying specs! No more squinting, struggling to see. Optical quality glass lenses flip down, one-at-a-time . . . let you apply liner, shadow, mascara, lashes—even tweeze brows with ease! Adjustable wire frames; pretty satin pouch for safe keeping.

N7211 Makeup Specs\$7.49



LIFETIME ADDRESS BOOK

Always up to date, always alphabetical. To make a change, just replace a loose-leaf card! Ends messy cross-outs—book is always neat! Leather-like cover, alphabetical dividers. Desk size 5" x 7 1/4", pocket size 2 1/4" x 5". Refills available.

S5056 Pocket Size, 100 cards\$2.99
S5058 Desk Size, 100 cards\$5.99



EXTRA LARGE DRYER HOOD

Cut drying time in half over the old, tight-fitting dryer bonnets. Super-size hood is made extra large for air to circulate freely around your hair. Fits comfortable over jumbo rollers too! Made of long-wearing plastic with attractive floral design. Fits all makes of hair dryers.

N1002 Super-Size Bonnet\$5.99

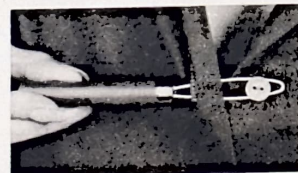
**It's Fun-Fast-Easy
TO ORDER BY MAIL FROM
WALTER DRAKE
Saves Gas Too!**



PROTECT HAIRDO AS YOU SLEEP

Wake up beauty shop-fresh when you wear this bonnet. Comfortable but firm net adjusts to any coiffure to keep it fresh, neat and uncrunched—even if you toss and turn! Velcro® closure holds bonnet snugly, comfortably. Help expensive sets last longer. Washable. One size fits all.

N5083 Sleep Cap\$2.99



BUTTON YOUR SHIRTS, blouses, dresses with ease—our handy buttoner practically does it for you! Buttoner works especially well on small hard-to-grasp buttons. Just slip wire loop through buttonhole and hook around button—then pull through buttonhole. Large wooden handle is easy to hold—perfect for arthritics!

F1273 Buttoner\$3.99

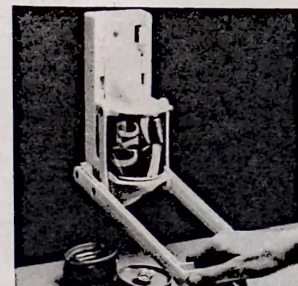


CHANGE TWINS TO KING SIZE

INSTANT KING-SIZE BEDI

Convert twin beds to the luxury and comfort of a king-size with Span-A-Bed. It fills the gap so neatly you never know it's there! Strong, washable polyurethane foam insert can be used with double or single headboard twins. Bottom sheet holds it in place.

H2243 Span-A-Bed\$7.49



ALUMINUM CAN FLATTENER

Squash cans in a jiffy! It's so easy . . . just place can between clamps and pull handle down. Takes no strength or effort . . . even kids can do it! 7 flattened cans fit in the same space of one! Mounts on wall (screws incl.). Tough nylon; 14" x 4 1/2" x 4 1/2". Makes recycling a breeze!

K4135 Can Recycler\$18.99

CALLIGRAPHY LABELS

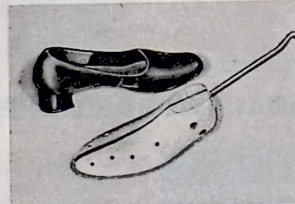
The Jason Kings
1127 Brentwood Blvd.
Glendale, CO 80940

SELF-STICK

CALLIGRAPHY-STYLE LABELS

Your name and address with the artistic look of hand lettering. Crisp black printing on pure white stock adds a distinctive touch to all your letters, notes and packages. Self-stick. PLEASE PRINT name and address up to 4 lines, 36 letters and spaces each. 2"x3/4". Set of 250.

P1086 Calligraphy Labels\$3.98



SHOE STRETCHER

ends tight shoe aches and pains, eases pressure on corns, bunions! Moisten shoe from inside, insert and adjust wooden stretcher, leave overnight. Attachments (incl.) widen areas where corns and bunions rub. Order women's: F2239 (5B-8A), F2240 (8B-11A); men's: F2237 (7D-11A), F2238 (10B-14B).

Stretcher (fits right & left shoe) \$5.99



VACUUM TAKES OUT BLACKHEADS

Don't squeeze and injure skin—let Vacutex remove blackheads gently. Just put the tip on the blackhead, press the little pump—blackhead is gone! Gentle vacuum does the trick! This is the genuine Vacutex, not to be confused with imitators. Safe way to a clear skin. Guaranteed to please!

F259 Vacutex\$4.99



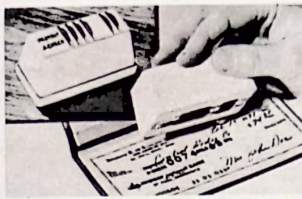
GET RID OF BED SLATS

that cause bed springs to sag, squeak or even collapse. Sturdy steel supports hold up to 1,000 lbs. Simply hook over the side rails of the bed. Eliminate bed slats completely, for coil or box springs. Heavy gauge steel. Set of 6. Order for wood or metal bed.

H5082 Supports for wood bed\$5.99

H5083 Supports for metal bed\$4.99

More Good Buys by mail from



Magnify an entire page with this 8 1/2" x 11" magnifier. It's a deluxe 4-power—brings print up to 4 times its size! You don't lose your place because you magnify so large an area. Water-thin, so it can be kept in a book. Plastic with vinyl hand grip on one side. Easier on the eyes than smaller magnifiers! **Full Page Magnifier \$5.99**

Pocket-size check protector guards against possible altering of your checks. Simply dial in amount you want, stamp check. Rollers are impregnated with a built-in ink supply, good for thousands of impressions. Dries instantly. Great for anyone who writes checks. 3" case.

\$5051 Protect-A-Check\$9.99

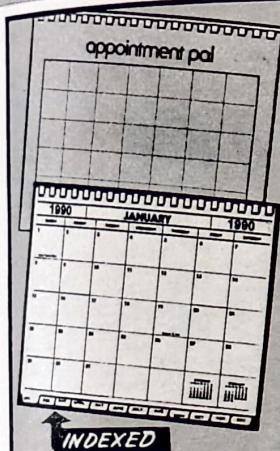


"Your prompt and polite service means a lot."

D. J., Indiana

Walter Drake

OUR 42nd YEAR 1947 1989

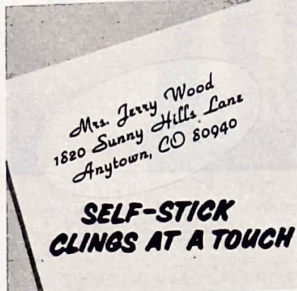


3-YEAR APPOINTMENT CALENDAR

Keep track of events coming up in 1990 thru 1992! Put all your memos down in one place where you won't overlook them. Each 8½" x 11" sheet shows a full month at a glance, with roomy squares for daily notes. 3 full years with each month tab indexed. Leather-like cover.

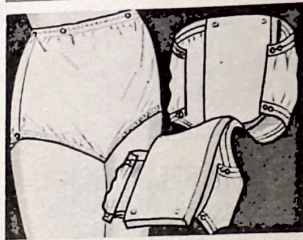
S720
Three-Year
Calendar

\$299



OVAL NAME/ADDRESS LABELS feature your name, address, and zip in elegant Park Avenue script. Graceful oval shape and elegant, flowing script lend a distinctive flair to all your correspondence. Self-stick labels cling at a touch. Handsome black print on 250 crisp white labels; 1x2". Please print complete name, address, zip.

P3072 Oval Labels \$3.98



HYGIENIC PANTS protect against wetting! End the embarrassment of incontinence. Protect bedding, clothing. Waterproof, plasticized rayon pants and washable snap-in cotton liner. Elasticized waist, legs. Made in USA. Pants with liner: F3161 Sm. (20-25"), F3162 Med. (25-31"), F3163 Lg. (31-37"), F3164 X-Lg. (37-44"). Extra liners: set/2, F3165 Sm., F3166 Med., F3167 Lg., F3168 X-Lg.

| | |
|----------------------------------|---------------|
| Pants With Liner | \$9.99 |
| Extra Liners. Set/2 | \$8.99 |

Walter Drake® 4202 Drake Building
Colorado Springs, CO 80940

[illegible]

**SATISFACTION GUARANTEED
OR YOUR MONEY BACK**
Thank you for your order.

Colorado Residents Add 3% Sales Tax
Shipping and Handling

TOTAL ENCLOSED (check, money order or charged)

Charge to my:

☐ MasterCard ☐ VISA ☐ American Express

ACCOUNT NO.

INTERBANK NO.
MasterCard Only →

Card Expires MO. YR.

Signature _____

**PLEASE ADD THE
FOLLOWING AMOUNT
FOR SHIPPING AND HANDLING**

If your order is:

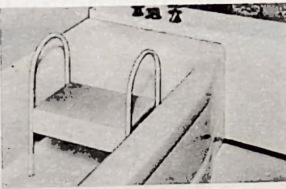
| | |
|----------------------|------------|
| Up to \$ 4.00 - | Add \$1.00 |
| \$4.01 to \$ 6.00 - | Add \$1.70 |
| \$6.01 to \$14.00 - | Add \$2.90 |
| \$14.01 to \$23.00 - | Add \$3.90 |
| \$23.01 to \$30.00 - | Add \$4.40 |
| Over \$30.00 - | Add \$4.90 |



CUT GLARE, REDUCE SOLAR HEAT
Drive in comfort. Space-age material blocks out sun's rays without obstructing vision. Reduces solar heat by 70%... cuts dangerous glare from sun, water, snow, etc. Suction cups attach easily to window or windshield—even sunroofs! Translucent parent smoky film; 15" x 18 1/2".
H2326 Auto Shade . . . \$7.99



KEEP CAR INTERIOR COOL!
Prevent fading & cracking of dash. No more getting into a blistering hot car. Attach to windshield easily with strong suction cups. Expands to 38" from tip to tip. Folds for easy storage. Keeps windshields free of ice & snow in the winter. Tool Set of two polypropylene shades.
H4310 Windshield Shades \$5.99



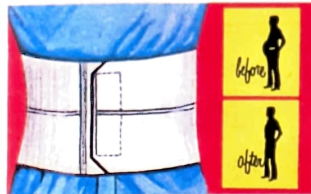
BATHTUB SAFETY SEAT
 Bathe in safety and comfort! Sturdy metal seat is great for foot baths, shampoos, sit-down showers, bathing children. Sturdy grips help convalescents and elderly people get in and out of tub. White enameled finish, non-skid rubber feet. Choice of 3 positions. 10½" x 16½" x 20".
H489 Bathtub Seat.....\$15.99

~~OTHER: Other two for \$10.50 plus \$5.00 postage & handling.~~



SELF-STICK FOIL LABELS

Your choice of gold or silver foil self-stick labels with any name and address up to 4 lines. 25 letters/spaces each. Handsome border, attractive black printing. Cling to any clean, dry surface—ideal for personalizing books, cameras, briefcases, etc.
P6128 250 Gold Foil Labels\$3.98
P6129 250 Silver Foil Labels\$3.98



LOOK SLIM AND TRIM!

Have a pot belly? Put it in its place! Waist Belt slims you up the moment you put it on. Instant-grip VELCRO® brand fastener makes it easy to put on, take off. 6" wide, adjusts from 28" to 50". Elasticized cotton for easy wash 'n' wear. Made in U.S.A. Helps relieve back fatigue, too! For men, women.
N2044 Waist Belt\$7.99

CLIP NOSE AND EAR HAIR SAFELY!

Good grooming demands that unsightly hair in nostrils and ears be removed—and now you can clip it out safely! Why risk infection by plucking, or by nicking with scissors? Tiny multi-blade rotary shear is safe, gentle, effective. Finest surgical steel. Handy to keep in pocket or purse.
F418 Klipette\$6.49

250 SELF-STICK RETURN ADDRESS LABELS \$1.98

Self-stick labels are the easy way to personalize letters, books, etc. Any name, address and zip code up to 4 lines printed in black on the finest white self-stick label paper available. 1 1/4" long. Boxed.
P5111 250 Self-Stick Labels\$3.98
SAVE!!
P4136 500 Self-Stick Labels\$4.98



CALLIGRAPHY LABELS

Mrs. Frederick Williams
 4402 East Platte Avenue
 Anytown, Colorado 80940

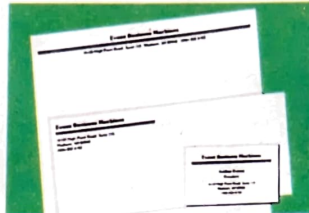
SELF-STICK

YOUR NAME & RETURN ADDRESS in striking calligraphic style printing will add a distinctive touch to your letters, packages, etc. Graceful print resembles elegant hand lettering on a handsome scroll background in rich brown. Up to 3 lines, 30 letters & spaces each. Set of 250. Self-stick, they cling at a touch.
P4073 Calligraphy Labels\$3.98

RELIEVES KNEE PAIN



RELIEVE KNEE PAIN AND PRESSURE and enjoy easier, flexible movement with knee strap. Supports below the knee where inflammation builds—adjusts for a comfortable fit. Vinyl with laminated foam pad, VELCRO® brand fastener, 18" long. Welcome relief for bursitis and arthritis sufferers.
F6566 Knee Strap\$6.99



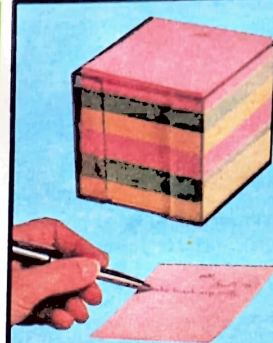
BUSINESS STATIONERY

Coordinated sheets, envelopes and business cards—printed in raised black on crisp white. Set of 250 personalized and 100 plain sheets, 8 1/2" x 11" ea; 250 envelopes; and/or 250 business cards. PRINT business name, address, phone number, ONE individual's name and title.
P3099 Letterhead Stationery\$11.99
P3100 Pers. Envelopes, S/250\$10.99
P3101 Business Cards, S/250\$2.99



LOOK BETTER INSTANTLY

Feel better, too, with Posture Bra. Comfortable elastic back support gently holds your shoulders, helps you stand straighter. You look slimmer, younger. White nylon/spandex with power net. Elastic straps, side and bottom panels. Made in U.S.A. Order by bra size:
N1085 (34B) N1088 (34C) N1091 (40C)
N1086 (36B) N1089 (36C) N1093 (36D)
N1087 (38B) N1090 (38C) N1094 (38D)
Posture Bra\$8.99



PERSONALIZED STACK-UP MEMOS

Your name printed in flowing black letters on 600 colorful memo sheets. See-thru cube measures 3 1/4" x 3 1/4" x 3 1/4"; lets you pick out one at a time. Colorful layers of pink, green, and yellow notes. Please print name.
P1030 600 Sheets in Cube\$4.99
P1031 600 Pers. Refills\$3.99

600 PERSONALIZED NOTES

Personal Design RETURN ADDRESS LABELS

SELF-STICKING... YOUR CHOICE OF COLORFUL DESIGNS! It's fun to express yourself with one of these 16 design labels! Choose from a monogram in royal blue, a cheerful yellow butterfly, a bright red heart, a green palm tree, or red rose! Snowy white labels personalized in black (except flag, which is blue). Print up to 4 lines, 26 letters and spaces each. Set of 250 labels, 2-5/16" x 5/8". Choose any design illustrated below, one design per set.



SAVE!
 TWO OR MORE SETS
 (same name & design)
\$3.49 EACH

SET OF
 250 LABELS
 (same design)
\$3.98



EVERYTHING YOU BUY FROM WALTER DRAKE IS GUARANTEED TO PLEASE OR YOUR MONEY BACK!

REDUCE SIGNS OF OSTEOPOROSIS!



You'll stand taller when wearing this simple, effective shoulder brace. It fastens in front, stays comfortable all day; won't show under clothing. Gently guides shoulders and back into correct posture placement. Made in U.S.A. 100% cotton straps; foam and tricot body. Washable. Men's size by chest; women's under bust. Order **F6511 Sm. (28-32)**, **F6512 Med. (34-36)**, **F6513 Med.-Lg. (38-40)**, **F6514 Lg. (42-44)**.
Shoulder Brace\$14.95



PERSONAL NAME TAPES help keep track of children's clothing from getting mis-placed. Great for school, traveling, or camp. Name printed in indelible red ink on white tapes in letters 1/4" high. A must for children's hats, coats, sweaters. Laundry proof. Set of 50 iron-on or sew-on tapes.
P4006 Sew-on Name Tapes\$1.99
P4007 Iron-on Name Tapes\$2.99

Try my Sugarfree Date Coffee Cake.

My readers did, and told me it's their favorite!

by Karen Barkie

What mother does not want wholesome and nutritious foods for her family? My interest in nutrition prompted me to find ways to prepare food for my family without adding sugar or honey. In fact, honey even contains more calories per cup than sugar. And I wasn't willing to serve my family artificial sweeteners. So I stopped serving cakes, cookies, candy and other sugar-sweetened desserts.

"I love what you are doing and the way that you do it."

—London H. Smith, M.D.
author of **FEED YOUR KIDS RIGHT**

But my family was unhappy about it. Even my husband dropped hints like "Remember how good chocolate cake tastes?" And I had to admit I too missed desserts. So I found a way to treat my family's sweet tooth—without using a spoonful of sugar. And without honey or artificial sweeteners. And now you can too.

DATE COFFEE CAKE

Date Coffee Cake

A sweet coffee cake filled with chopped dates.

CAKE:

- 1/2 cup mashed banana (mash ripe banana with a fork)
- 1/2 cup butter, softened
- 3 large eggs
- 1 teaspoon vanilla extract
- 1 1/4 cups water
- 3 cups unbleached white flour

Beat together mashed banana and butter until creamy. Add eggs, vanilla extract, and water; beat. Measure in flour, baking soda, and baking powder, and beat well. Stir in 1 1/2 cups chopped dates. Spoon batter into an oiled and floured 9" by 13" baking pan. Spread batter evenly in pan. Combine topping ingredients and sprinkle over batter. Bake at 350 degrees for 20 to 25 minutes or until a knife inserted comes out clean. Cool on wire rack. Serves 8 to 10.

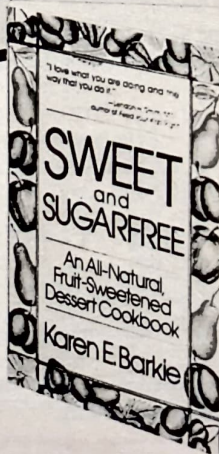
- 1 teaspoon baking soda
- 2 teaspoons baking powder
- 1 1/2 cups chopped dates

TOPPING:

- 1/2 cup chopped dates
- 1/2 cup chopped walnuts
- 1/2 cup flaked coconut

207 Sugarfree Recipes In All!

SWEET AND SUGARFREE is the cookbook that tells you *how*. It offers you 207 different recipes for cakes, cookies, breads, sherbets, custard and much more. Try my Date Coffee Cake above. I've developed a few hundred **SWEET AND SUGARFREE** recipes but this is the one people ask for most. Or my sweet and chewy spicy Apple Raisin Coffee Cake. Or create a luscious pineapple cream pie (it only *sounds* rich), banana nut pancakes topped with apricot syrup, or easy-to-make peach cheesecake.



Food styling by Betty Peil. Photography by William Peil.

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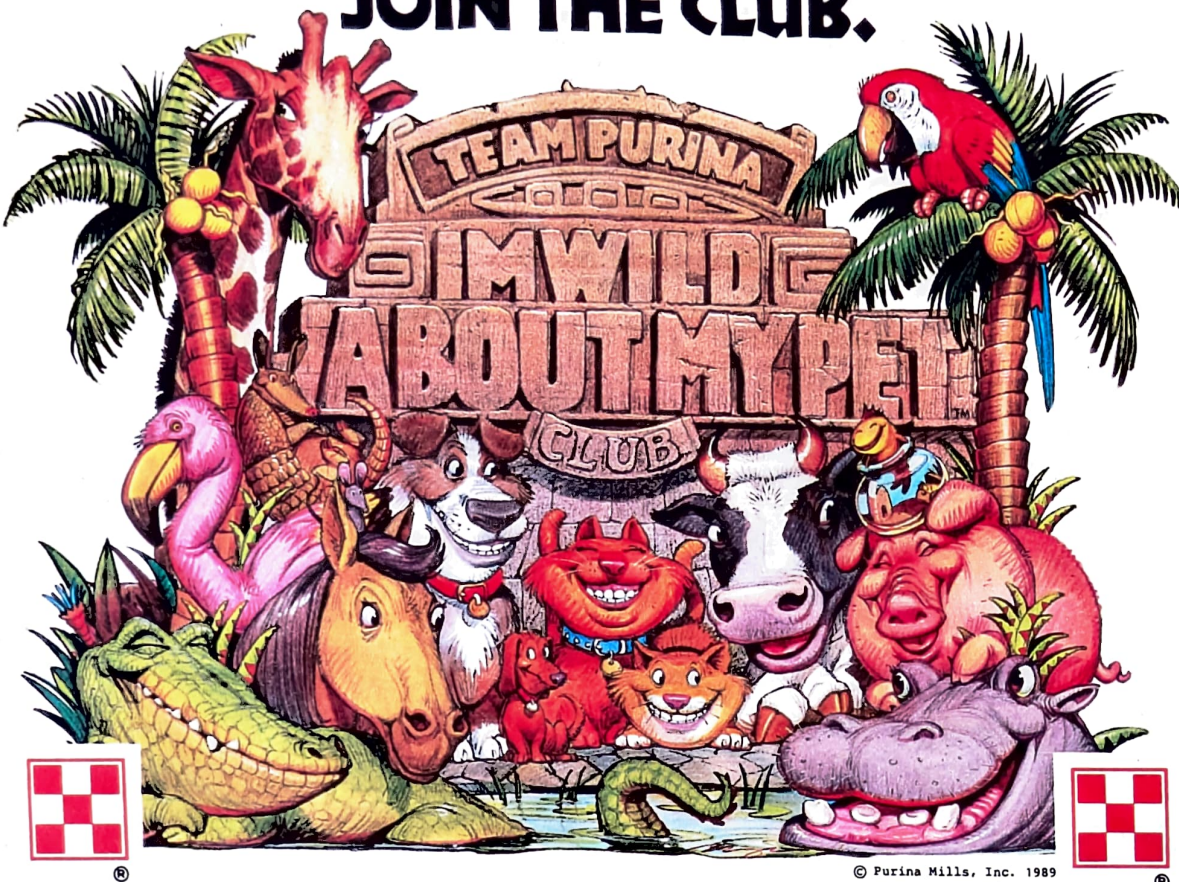
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PD

PARADE'S SPECIAL Intelligence Report

Because of volume of mail received, Parade regrets it cannot answer queries.

College Students: Sex, Religion and Lifestyles

According to a survey taken by the Gallup Organization for the Christian Broadcasting Network, almost one in every 10 women attending college has undergone an abortion.

The survey, titled "The Religious Beliefs and Sexual Attitudes and Behavior of College Students," was conducted March 6-17 by Gallup interviewers, who queried 539 students in 100 public and private accredited educational institutions across the country. The purpose was to determine the role religion plays in the sexual behavior and attitudes of college students.

Herewith some of the findings of the survey, which has a 6% margin of error:

- 42% of the students questioned said religion is "very important" in their lives, 37% said "somewhat important," and 20% said "not very important."
- 69% of the students said they do not believe premarital sex is wrong, and 56% said they approve of living together in trial marriages.
- 9% of the women admitted undergoing at least one abortion, and 15% of the males disclosed that at least one of their sexual partners had undergone an abortion.
- 51% said they approve of abortion, while 37% said they oppose the *Roe vs. Wade* decision by the U.S. Supreme Court; 12% had no opinion.
- Half the students said they have had more than one sex partner, with 24% reporting five or more.
- Half said they engage in sex at least occasionally, and 26% reported that they participate "regularly."

BY LLOYD SHEARER • 1989

• Despite the frequency of their reported sexual activity, only 4% of the students polled (all of whom were undergraduates) said that they had been treated for sexually transmitted diseases.

Officials of the Christian Broadcasting Network—of which Pat Robertson, the evangelical minister, is founder and chief executive officer—concede that some of the Gallup findings reflect little correlation between the religious precepts of college students and their lifestyles. "College students say one thing," reports Susan L. Norman, senior editor at the network, "but do another—particularly where sex is concerned."

When asked if Robertson, who ran unsuccessfully for the Republican Party's Presidential nomination last year, had been "shook up" by any of the Gallup research, Frankie Abourjilie, a spokeswoman for the Christian Broadcasting Network, said: "He was surprised to learn that only



Pat Robertson and daughter Ann: After polling Ann's contemporaries about sex and religion, the minister was surprised by their idea of "the ideal life"

9% of the women students surveyed consider 'the ideal life' as being married and staying at home with the children. What most of them [66%] consider an ideal life is one which includes marriage, children and a full-time job."

Rock Star Stamps



Honored by isle: (l-r) Tina Turner, Lionel Richie, Whitney Houston, Joan Armatrading...



...Madonna, Elton John, Bruce Springsteen and (worth the most in Grenada) Bob Marley

From Grenada, the picturesque island-state in the West Indies—the one our armed forces invaded in 1983, when Ronald Reagan was commander-in-chief—comes a colorful new set of postage stamps. Each bears the visage of a rock star guaranteed to appeal to teenage stamp collectors. The eight musicians selected for philatelic perpetuity by the Grenadian

postal authorities are: Bob Marley, the late king of Jamaican reggae, Bruce Springsteen, Elton John, Joan Armatrading, Lionel Richie, Whitney Houston, Tina Turner and, of course, Madonna.

If your local philatelist can't supply you with the stamps, you can order a set for \$8 from the Inter-Governmental Philatelic Corp., Dept. P, 460 W. 34th St., New York, N.Y. 10001.

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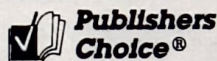
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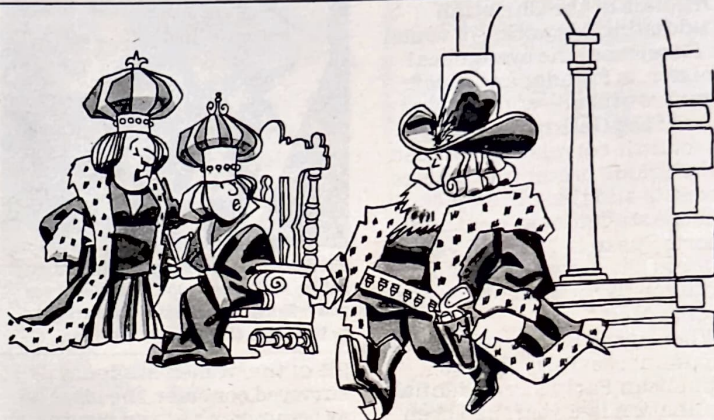
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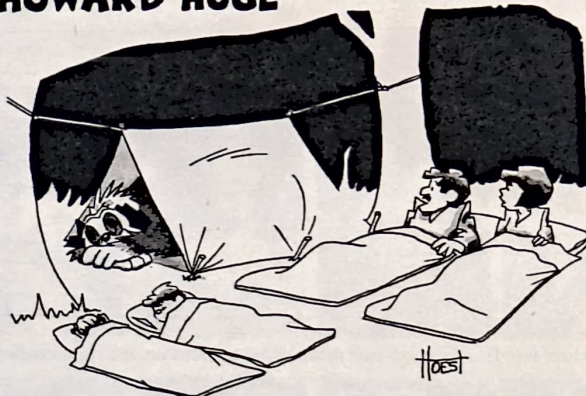
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Laugh Parade



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LENOX. SINCE 1889.

How the Veterans Bedside Network is healing emotional wounds

The Call Letters Of This Radio Station Are HOPE

THE HATRED AND animosity were etched on George's face. The fixed stare and unbreakable silence said it all: "Leave me alone." An embittered war veteran confined to the mental ward of a Veterans Administration hospital, George could not deal with the real world. Encouraged to read a part from the script of a radio soap opera, he was at first defiant. But when his cue came, the patient whom doctors had been unable to reach spoke his lines flawlessly. George cried. So did his fellow actors. It was the first time they had ever heard him speak.

George is just one of the beneficiaries of a unique, publicly supported broadcast service for hospitalized veterans. For some one million veterans—many of whom have since recovered—the Veterans Bedside Network has been a god-send. But, after 41 years of dispensing its special brand of medicine, the VBN is itself ailing, the apparent victim of indifference. Volunteers and financial support have dwindled, and the number of patients in Veterans Administration hospitals has fallen off. Yet VBN is alive. Dennis Bigelow, a volunteer producer, insists, "As long as there is one man we can reach and help, our work is important."

That work is a special kind of therapy in which volunteers give patients the nudge they need to help themselves. Generally, one night a week, teams of production volunteers load up their vehicles with recording equipment and travel to a number of VA hospitals. They cast the veterans in a variety of roles, rehearse them and record the program—complete with music and sound effects. VBN has hundreds of scripts in its library, along with original theme music. Writers and producers donate scripts from such programs as *Taxi*, *Barney Miller* and *M*A*S*H*, as well as radio classics like the old *Mercury Theater* dramas. "It's incredible how these veterans bring such life to characters like Hawkeye and Corporal Klinger," says Wally Green, VBN's vice president.

Patients who are angry and withdrawn during the day open up and participate when the volunteers arrive. Some get a chance to relive a role that is no longer possible for them. One script, for example, called for an ex-GI who had lost both arms in the Korean war to embrace a girl. A sailor whose legs were blown away in a shipboard explosion rode a horse. Escapism? Perhaps, but for the moment it is a release—a release that has opened many a gate to recovery.

Staff psychiatrists note that acting breaks the monotony for the patients, takes the edge off the hospital environ-



Veterans William Hussey (sitting) and Francis Murray rehearse script for future broadcast.

ment and lets them feel good about themselves. The programs are piped through the hospital's public-address system and fed directly to each bed. Hospitals not visited are provided with script packets that enable staff to conduct the program.

There is also a musical program. "This is not a sing-along," says John Martello, VBN's president. "Our goal is to get patients to do a solo. I've seen amazing things during this musical activity. The turnaround in the men's personality is miraculous."

Another patient said it all when he ended a program with: "The call letters of this station are H-O-P-E!" The program was started in 1948 by a singer named Jean Tighe. After entertaining some bedridden veterans, Tighe decided that what they needed was a regular diet of entertainment to lift their spirits. She enlisted other entertainers to visit hospitals not only to perform but also to teach the patients how to entertain themselves. The Veterans Administration supported her idea, and the VHRG—Veterans Hospital Radio Guild—was established. Years later, a "T" was added as the guild expanded to include television activities. Today, patients conduct video interviews with visiting celebrities in sports, entertainment and politics.

As VBN fights for its survival, its dedicated volunteers recall precious moments. One of those occurred several years ago. For months, a veteran whose larynx had been removed sat quietly during the music sessions. One night, using a device pressed to his throat, he delighted and shocked everyone when he declared that he wanted to sing a solo. After he sang, there was a burst of applause. "That wasn't good enough," the patient belted through his speaking device. "I'll do better next week, because I'll have a new battery for this thing."

Whether the Veterans Bedside Network can continue to rejuvenate its financial batteries and continue bringing hope to the forgotten men of the almost-forgotten wars is yet to be seen. 11

For more information, write: Veterans Bedside Network, Dept. P, 250 W. 54th St., 9th floor, New York, N.Y. 10019.

'We wait all week for you guys to show up,' said one veteran to a volunteer. 'You are our family.'

ment and lets them feel good about themselves. The programs are piped through the hospital's public-address system and fed directly to each bed. Hospitals not visited are provided with script packets that enable staff to conduct the program.

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"There is a tremendous sense of pride and fulfillment each time someone quiet and withdrawn suddenly saunters over to the piano and belts out a solo," says

BY MARVIN SCOTT

A Bird as Brilliant as a Shimmering Jewel



• 23K gold border design and rim

• Actual size: 8½"
• Limited edition plate

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On a quiet summer morning, two hummingbirds are attracted to a brilliant field of columbines. Their wings are ablaze with an iridescent green as rich as emeralds—their throats glow like precious rubies. This pair of "Ruby-throated Hummingbirds" have been captured at a moment in time by Jim Landenberger, whose brilliant work of art premieres as a limited-edition collector plate.

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"Ruby-throated Hummingbirds"

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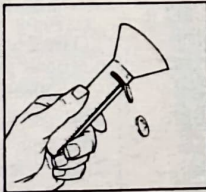
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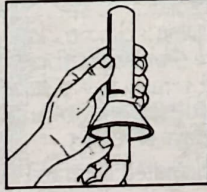
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Young America

PHOTOGRAPHY CONTEST

Does your mother-in-law water-ski? And if she does, can you take her picture? PARADE magazine and Kodak are sponsoring the *Young America Photo Contest*—and we are inviting you to find the subject that best illustrates our theme. Photos of children and young people are welcome, of course, but *Young America* also means young at heart, young in action, young in outlook.

Your entry can be a black-and-white or color print. Our judges will select 100 winners, each of whom will receive \$100 and an award certificate. Entries must be received no later than Sept. 8, 1989.

Winners will be announced in our Dec. 10 issue.

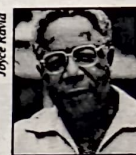
THE JUDGES



Eddie Adams, photographer



Dr. Joyce Brothers, psychologist



Alex Haley, author



Christie Brinkley, model



Malcolm-Jamal Warner, actor

THE RULES

• Contestants must know the names and addresses of all identifiable persons appearing in their photographs.

• One hundred photographs shall be selected for awards. The winners will be determined by a panel of judges, based on pictorial composition, originality, interest of subject matter, visual appeal and consistency with the theme of *Young America*. The decisions of the judges shall be final.

• Each winner shall receive a \$100 cash prize and an award certificate. If a winner's photograph is published in *Parade*, the contestant shall then receive an additional \$200. Any taxes are the responsibility of the winner.

• Contestants formally designated as award-winners will be required to supply the original negative or transparency of the winning photograph and a release from each identifiable person in the photograph.

• Winners also will be required to sign and deliver to *Parade* a publicity release, permission to reprint the photograph in various media and an affidavit of eligibility.

• Acceptance of prize constitutes consent by winners to the use of their photograph, name and likeness by *Parade Publications* and/or *Kodak* for editorial, trade and advertising purposes.

• This contest is void where prohibited.

• Anyone is eligible, except employees of *Parade Publications Inc.* or *Eastman Kodak Co.* and members of their families.

• No entry fee is required for participation.

• All entries must be received no later than Sept. 8, 1989. We cannot accept any postage-due mail.

• Send entries to *Young America Photo Contest*, c/o *Parade/Kodak*, P.O. Box 4191, Grand Central Station, New York, N.Y. 10163. Each contestant may submit **ONLY ONE** photograph, which must be taken by the contestant. Prints no larger than 8 inches by 10 inches may be submitted, made from either slides or negatives, in color or black-and-white. The contestant's name, address and telephone number must be written clearly in ink on the back of the photograph. Contestants should not send their original slides or negatives.

• All entries become the property of *Parade Publications* and will not be acknowledged or returned. *Parade* assumes no responsibility for any photographs.

• Late, mutilated or previously published photographs are not eligible and will not be considered. The Contest Manager's determination regarding late, mutilated, lost or previously published entries shall be final.

Send your photo to *Young America*, % *Parade/Kodak*, P.O. Box 4191, Grand Central Station, New York, N.Y. 10163

IN STEP WITH:®



BY JAMES BRADY

Mister Rogers

"I've met shy children, but never one who after time has rejected me," says Fred Rogers, the soft-spoken Mister Rogers.

BECAUSE FRED ROGERS—THE "Mister Rogers" of public television—seems almost too good to be true, he becomes the butt of comedians' jokes. Somewhere in the murky past, he must have been an ax murderer, a bigamist, a fixer of college basketball games. I asked Rogers if the jokes ever got him sore.

"Mr. [Johnny] Carson has done quite a few of those," Rogers replied, "and I asked him why. He said, 'We wouldn't do those if we didn't have such great affection for you.' Eddie Murphy does a parody too. I was at NBC one day, and he came down the hall, threw his arms around me and said, 'Ah, the *real* Mister Rogers!'"

The "real" Mister Rogers is a slow-spoken, soft-spoken ordained Presbyterian minister who grew up in the small town of Latrobe, Pa. (he was a year ahead of the golfer Arnold Palmer in high school), has been married since 1952 to the same woman, has two grown sons (plus a grandchild) and really *does* wear sweaters. "We're a sweater family," he told me. "My mother made a sweater a month, and at Christmas, for us and a few close friends, there would be 12 boxed sweaters under the tree." One of those sweaters is now housed in the Smithsonian Institution in Washington, D.C.

His show and the books he has written—everything from potty-training to how to help children handle divorce—are considered so sound (a child psychologist goes over every TV script) that I wondered aloud if he ever had any regrets about how he and his wife raised their own boys. "Neglect," he said, "isn't just beating kids. It's ignoring them. We didn't ignore the boys, but I'd like to have spent more time with them."

About his religious vocation, he said: "It was not a loud voice from the sky but, in my adolescent years, a growing awareness that I wanted to be helpful. And I believe those who work with children and adolescents have a natural ministry."

I asked about today's drug plague and cynicism and child suicide. Does he ever get depressed? "I try not to," he said. "I often wonder why so many young people feel they have to find their values outside. I don't want kids ever to get the idea that there's no hope. The Bible is a volume of unending affirmation. My whole hope is that we are all in some ways lovable."

Has a child ever rejected him? "I've met shy children," he said, "but never one who after time rejected me. I never force myself. I just get out Daniel Striped Tiger and slide him under my arm...he's shy too...and I start talking to them." In Daniel's quiet, reassuring and rather shy voice.

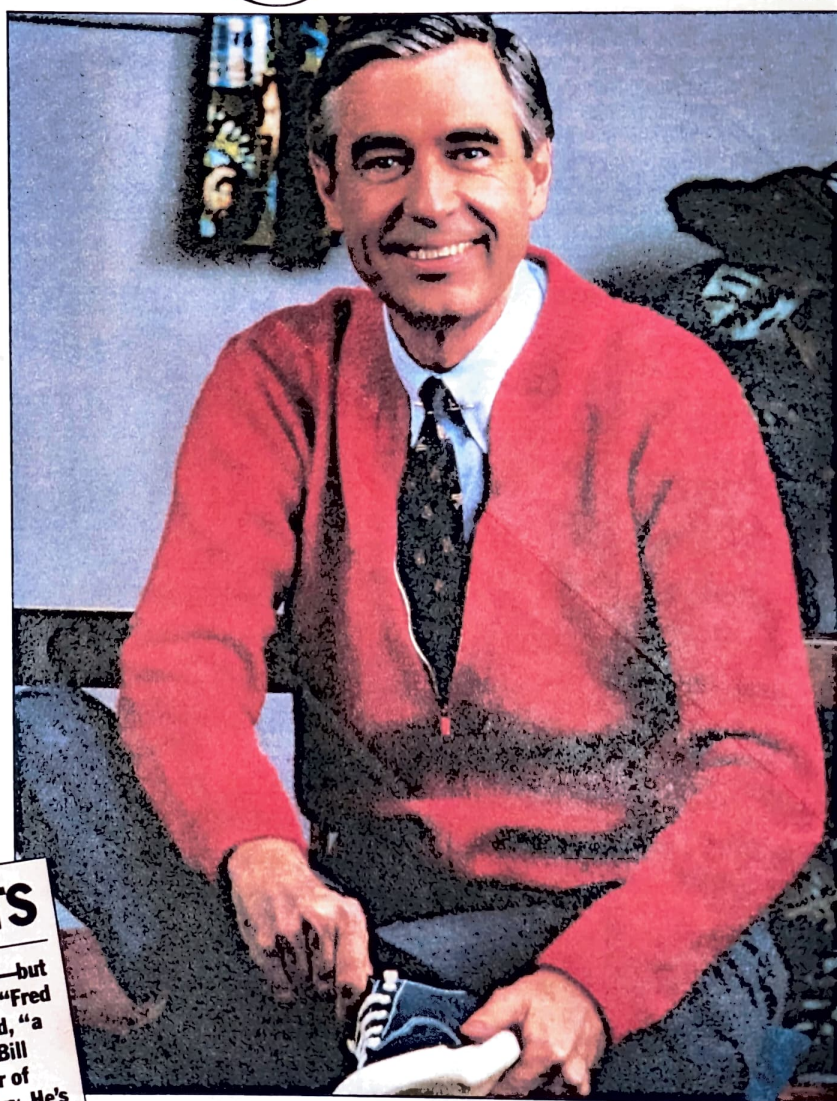
BORN: March 20, 1928, in Latrobe, Pa.

PERSONAL: Married Sara Joanne Byrd, a concert pianist, in 1952; two sons.

CAREER

HIGHLIGHTS: Producer and puppeteer of *The Children's Corner* on WQED in Pittsburgh, 1954-61; host of *Misterogers on the Canadian Broadcasting Corp.*, 1963-64; host of *Mister Rogers' Neighborhood*, 1964-.

BOOKS: Include *Mister Rogers Talks With Parents*, 1983; *Mister Rogers Talks With Families About Divorce*, 1987; *Mister Rogers' First Experience Books* (series), 1985-89.



BRADY'S BITS

He influences millions of kids—but who influenced Fred Rogers? "Fred Ramsberry, for one," he said, "a wonderful teacher. And Dr. Bill Orr. He was my first teacher of theology, systematic theology. He's now in his 80s and in the hospital. I visit him every day at his bedside." Fred's father died in 1970, his mother in 1981. "This is the kind of woman she was," he said. "When she died, she left an unfinished sweater. Gray, a gray sweater. With complete instructions on how to assemble it after she was gone."

Johnny Carson pokes fun at him. On "Family Ties," they sang one of his songs. Even the Russians put him on TV. Everyone seems to stop by "Mister Rogers' Neighborhood."

